



## The effect of self esteem on the development of interpersonal relationships

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The purpose of this study is to know the effect that self-esteem has on the development of interpersonal relationships and, at the same time, on the psychosocial climate within a group. The objectives aim at determining the self-esteem level of the participants, the evaluation of their capacity to develop human relationships with the other members of the group, as well as establishing the effect that self-esteem has on the building and the development of interpersonal relationships. The research was carried out in 2010, on a sample of 80 students that attend the psychopedagogical module (Department of Teaching Staff Training). The methodology of the research included applying the Self-appreciation scale (Rosenberg) in order to evaluate the level of self-esteem of the participants, the psychological test that was adapted after Sydney Lecker, statistical analysis techniques and processing of the collected data. The statistical processing of the data (SPSS Programme) shows that most of the respondents have an average level of self-esteem and develop good interpersonal relationships with the other members of the group in order to solve professional tasks, thus making a contribution to the creation and the maintaining of a psychosocial climate that is favorable to communication, cooperation, task focusing.