



Participant Report Form - KA1 – Learning Mobility of Individuals – Student mobility for studies in higher education

Fields marked with * are mandatory.

1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

Please make sure you have the information of your Learning Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.

The term "course" used in this participant report should be understood as meaning the more general term "educational component" used in the Learning Agreement.

2 Identification of the Participant and General Information

2.1 First and last name:*

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

2.2 Email address, where I can be contacted in the future*

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

2.3 Was the mobility period abroad a mandatory part of your curriculum?*

- Yes
- No

2.4 What were your main motivations for studying abroad?*

- To experience different learning contents/curricula
- To learn/improve a foreign language
- To develop soft skills, such as adaptability
- To enhance my future employability in my home country
- To enhance my future employability abroad
- To experience different learning and teaching practices
- To follow a study programme in a foreign language
- To live abroad and to meet new people
- To gain knowledge of another country
- To build up a personal and professional network

2.5 What were your additional motivational factors for studying abroad?*

- The length of the study period abroad was appropriate
- The possibility to receive an Erasmus+ grant
- The quality of the receiving institution
- A good alignment of the courses abroad with the curriculum at the sending institution
- Available support in finding accommodation

2.6 How did you find out about the possibility to study abroad with the Erasmus+ Programme?*

- Website of the sending institution
- Academic staff at the sending institution
- Administrative staff at the sending institution
- Fellow students
- Friends
- Erasmus+ Student and Alumni Association
- Online search
- Information event

2.7 Are you planning to take part in Erasmus+ mobility again?*

- Yes
- No
- Undecided

3 Quality of Studies

3.2 Did you reach your personal learning goal during the study abroad?*

- Yes
- Only partially
- No

3.3 Did you gain knowledge and skills that you would not have gained in your sending institution?*

- Yes
- No
- I don't know

3.4 What were the criteria for you to choose your receiving institution? (1 most important criterion to 5 least important criterion)

| | Most important (1) | (2) | (3) | (4) | Least important (5) |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Learning offer* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Reputation/rankings* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Facilities and services for international students* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Feedback from the Erasmus+ Student and Alumni Association* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Language* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Country* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| City and culture* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Social life* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3.5 If other, please specify

4 Academic Recognition

4.1 Was your Learning Agreement signed by all parties before the start of the mobility?*

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- Yes, all parties signed it before the start
- No, some parties signed it after the start
- The learning agreement was never signed

4.2 If no, who signed after the start of your mobility period?*

- I (the student) did
- The sending institution did
- The receiving institution did

4.3 Was your Learning Agreement changed during your mobility period?*

- Yes
- No

4.4 Why was it changed?*

- I extended my stay abroad
- The courses I selected initially were not available
- The courses I selected initially were in a different language than foreseen in the course catalogue or the language was not specified in the course catalogue
- I decided to change the courses initially selected
- The receiving institution required some changes
- Other

4.5 Did you manage to agree on the changes with the sending and receiving institutions within seven weeks from the start of the semester?*

- Yes
- No

4.6 Did you successfully complete all the educational components that were listed in the study programme of your Learning Agreement?*

- Yes
- No

4.7 What were the reasons for not completing the educational components?*

- Did not sit exams
- Failed exams
- Course and grade were not relevant for my degree programme
- No need for recognition
- Language level of the course too high
- Personal fear to receive a bad grade or fail
- Exams took place later than my planned departure
- Did not feel appropriately prepared
- Started the course too late
- Other

4.8 Is the recognition process for your mobility period finalised?*

- Yes, the process is finalised
- No, the recognition process is still on-going

4.9 Did you gain or do you expect to gain academic recognition from your sending institution for your period abroad?*

Full academic recognition: all the credits that you have earned during your mobility period and that were specified in the final version of the Learning Agreement as counting towards your degree ([Table B or D of the official template](#)) were recognised by your sending institution without the need to take any further courses or exams

- Full recognition
- Partial recognition
- No recognition

4.10 Did you gain or do you expect to gain academic recognition from your sending institution for your period abroad?*

Full academic recognition: all the credits that you have earned during your mobility period and that were specified in the final version of the Learning Agreement as counting towards your degree ([Table B or D of the official template](#)) were recognised by your sending institution without the need to take any further courses or exams

- Full recognition
- Partial recognition
- No recognition

4.11 Did you have to or will you have to take additional course(s) or exam(s) at the sending institution for courses already evaluated at the receiving institution?*

- Yes, for all courses
- Yes, for some courses
- No

4.12 What were the main obstacles to full recognition?*

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- I did not take some or all exams
- I did not pass some or all exams
- Course content (or part of it) as agreed in the final version of the Learning Agreement was not accepted by the sending institution upon return
- Number of credits recognised is different from the one agreed in the final version of the Learning Agreement
- Problems with grade transfer
- Problems with receiving the Transcript of Records from the receiving institution
- Professor(s) at my sending institution did not give the approval
- I decided NOT to have some courses recognised
- Other

4.13 What were the main obstacles to full recognition?*

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

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- Other

4.14 What were the main obstacles to full recognition?*

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- I did not take some or all exams
- I did not pass some or all exams
- Course content (or part of it) as agreed in the final version of the Learning Agreement was not accepted by the sending institution upon return
- Number of credits recognised is different from the one agreed in the final version of the Learning Agreement
- Problems with grade transfer
- Problems with receiving the Transcript of Records from the receiving institution
- Professor(s) at my sending institution did not give the approval
- I decided NOT to have some courses recognised
- Other

4.15 Please specify what kind of obstacles you experienced.*

4.16 Please specify what kind of obstacles you experienced.*

4.17 Please specify what kind of obstacles you experienced.*

4.18 Were ECTS credits used in the Learning Agreement?*

- Yes
- No

4.26 Did you receive or do you expect to receive the Transcript of Records from the receiving institution within five weeks after publication/proclamation of your results at the receiving institution?*

- Yes
- No

5 Foreign Language Skills and Linguistic Support

5.1 What was the main language used by your professors?*

5.2 Do you feel you have improved your skills in this language during your stay abroad?*

- Yes
- No, I was already fluent
- No

5.3 Did you take advantage of linguistic support in learning this main language?*

- Yes
- No

5.4 What kind of support did you receive?*

- Erasmus+ Online Linguistic Support (OLS)
- Language course/training provided by the sending institution
- Language course/training provided by the receiving institution
- Financial support to carry out a self-study (DVD, books)
- Other

5.5 For how long did you receive linguistic support in total?*

- Less than 1 week
- Between 1 week and 3 weeks
- Between 3 weeks and 2 months
- Between 2 and 6 months
- More than 6 months

5.6 Approximately, for how many hours in total?*

- Less than 10 hours
- Between 10 and 30 hours
- Between 30 and 50 hours
- More than 50 hours

5.7 Why didn't you take advantage of linguistic support?*

- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time
- The sending/receiving institutions did not provide it to me
- Other

5.8 While staying abroad, did you improve your competence in other languages besides the main one used?*

- Yes
- No

Which were those languages?

5.10 Language 1*

5.11 Language 2

6 Personal Development

6.1 Through my stay abroad with Erasmus+, I learned better how to...

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|---|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|
| think logically and draw conclusions (analytical skills)* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| find solutions in difficult or challenging contexts (problem-solving skills)* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| plan and carry out my learning independently* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| use the internet, social media and PCs , e.g. for my studies, work and personal activities* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| develop an idea and put it into practice* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| see the value of different cultures* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| cooperate in teams* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| plan and organise tasks and activities * | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| express myself creatively* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

6.2 After having taken part in this mobility activity...

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|--|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|
| I am more confident and convinced of my abilities* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know better my strengths and weaknesses* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more able to adapt to and act in new situations* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more able to think and analyse information critically* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more tolerant towards other persons' values and behaviour* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more open-minded and curious about new challenges* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I intend to participate more actively in social and political life of my community* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more interested in knowing what happens in the world daily* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more able to reach decisions* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more able to cooperate with people from other backgrounds and cultures* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more interested in European topics* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel more European* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have increased my sector- or field-specific skills* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

7 Future Prospects of Education, Training and Work

7.1 Thanks to this stay abroad with Erasmus+...

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|--|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|
| I believe that my chances to get a new or better job have increased* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have a clearer idea about my professional career aspirations and goals* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have better opportunities for traineeships or student jobs in my home country* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am better capable of taking over work tasks with high responsibility after my stay abroad* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

7.2 How has the stay abroad changed the way you see your future work?

| | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|---|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|
| I can easily imagine working abroad at some point in the future* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I can easily imagine working in the country where I did my Erasmus+ period in the future* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I would like to work in an international context* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

7.3 Did you participate in any activity during your stay abroad that has led to an innovative product or discovery?*

- Yes
- No
- I don't know

7.4 If yes, please explain which product or discovery.*

8 Practical and Organisational Arrangements

8.1 Was the selection procedure at your sending institution fair and transparent?*

- Yes
- No
- Unable to judge

8.3 Was the receiving institution's course catalogue...*

Course catalogue: regular guide for all students attending the institution, including information about the qualifications offered, the teaching, learning and assessment procedures, the level of programmes, the single educational components and the learning resources available to students

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- Published on the website of the receiving institution?
- Complete? (all needed information to make your choices was available, including language of instruction and grading distribution)
- Up to date? (there were no changes in the courses you had chosen during your stay in the receiving institution)
- Available in time to prepare your Learning Agreement?

8.7 Was equal treatment ensured by your receiving institution during your participation in the programme?*

- Yes
- No
- Unable to judge

8.8 Please explain why not.*

8.9 How would you consider your degree of integration at your receiving institution?

| | Very good | Good | Fair | Poor | Very poor | Not applicable |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| In the everyday life of your receiving institution* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| With local students* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| With other Erasmus+ / international students* | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

8.10 How satisfied were you with the way the receiving institution dealt with any questions, complaints or problems that may have come up during your participation in the programme?*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

8.11 If you answered any of the questions in this section with no (selection procedure), rather dissatisfied, very dissatisfied, poor or very poor, please explain.*

9 Accommodation and Infrastructure

9.1 How satisfied were you with the guidance you received by the receiving institution on how to find an accommodation?*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied
- Not applicable

9.2 How satisfied were you with your accommodation?*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

9.3 How would you rate the facilities for students at the receiving institution?

| | Very good | Good | Fair | Poor | Very poor | Not applicable |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Classrooms | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Study rooms, labs or similar | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Libraries | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Access to PCs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Access to Internet | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Cafeteria / canteen | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Access to existing research (publications) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

10 Costs

10.1 Did you receive an Erasmus+ grant from EU funds?*

- Yes
- No

10.2 What was the amount of your monthly Erasmus+ grant as written in your grant agreement?*

 EUR

10.3 Did you receive the payments on time, in line with the dates mentioned in your grant agreement?*

- Yes
- No

10.4 Did you have other sources of funding?*

- Yes
- No

10.5 What other source or sources of funding did you receive?*

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- State or regional loan
- Private grant(s)
- Private loan
- Family
- Own savings
- Free or reduced accommodation costs
- Other sources

10.6 What was the monthly amount of the state and/or regional grant(s)?*

EUR

10.7 What was your average cost (accommodation and subsistence) per month during your period abroad (EUR)?*

EUR

10.8 To what extent did the Erasmus+ grant (EU funds only) cover your overall expenses related to your mobility period?*

- 0-25%
- 26-50%
- 51-75%
- 76-100%

10.9 Would you have gone on the Erasmus+ stay abroad if you had not received an Erasmus+ grant?*

- Yes
- Maybe
- No

10.10 Did you have to pay any kind of fees in the receiving institution?*

- Yes
- No

10.11 Which kind of fees?*

- Tuition
- Registration
- Specific course(s)
- Examination(s)
- Laboratory
- Library
- Other

10.12 If other, please specify.*

10.13 Total amount paid*

 EUR

10.14 How much did you pay approximately for your travel to and from your receiving institution?*

 EUR

11 Overall Satisfaction

11.1 How satisfied are you with your Erasmus+ mobility experience in general?*

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

12 Conclusions, Comments and Recommendations

12.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students wishing to go abroad and as well for the National Agency or the European Commission in view of improving the Erasmus+ student mobility action.

13 Publication and Usage Rights of the Information and of the Email Address

13.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.*

- Yes
- No

13.2 I agree that (parts of) this report can be published and made available to the general public.*

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

13.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.*

- Yes
- No

13.4 The basic data (e-mail address, first and last names, birthdate, sending and receiving institution) from my mobility will be transferred to the Erasmus+ Student and Alumni Association, where I will get professional networking opportunities and visibility to employers.*

- I agree
- I do not agree