



Research on the use of *Fagopyrum* sp. for culinary preparations

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At present, nutritional studies are oriented towards obtaining new functional foods. The utilization of *Fagopyrum* sp. fruits (buckwheat) opens new perspectives for the improvement of human nutrition. Our research focuses on the preparation and characterization of several culinary products obtained with buckwheat. A comparative study between buckwheat based products and similar buckwheat - free products was performed.