



## Plantele aromatice din familia labiatae in tratamentul bolilor pulmonare

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Gradually, the use of aromatherapy extended to most of the countries of all the continents, especially in Spain, Italy, France and England.

The therapeutic properties of aromatic plants reside mainly in the components of the etheric oils with strong bactericide, anti-viral, anti-inflammatory, depurative, decongestive, antiseptic and cicatrizing. etc. In the prophylactic and curative treatment of the different respiratory diseases of great efficiency many aromatic species of the Labiatae family, with a high content both of ether oils, and of other active biological principles (saponines, saponozides, tannins, flavorides, vitamins, mineral salts) whose therapeutic properties act as direct and natural emollients, expectorants, diuretics, anti-febrile, anti-cough, anti-asthmatic and energizing.