



Plante aromatice eficiente in cosmetica pielii si afectiunile dermatologice

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Our skin, like a monumental facade, is agressed in time, by different external agents, both abiotics (extreme temperatures, rain, wind) and biotics(infections, insect stings), which can release a numerous unhealthy affections. The phytotherapeutical treatments are based on the utilization of vegetal species with antibiotic, disinfectant, cicatrizing, antiseptic, depurativ and antiinflammatory qualities. In these treatments a special place have the aromatic species, which contain mainly oils composed of terpenes, aldehydes, cetones, phenols, hydro carbons, alcohols etc, in various proportion, which give specificity of the fragrance and the physical, chemical and therapeutic properties. The most utilized are the preparations with rose flowers, lavender and horse gowan, mint leaves, wormewood, balm, angelica and valerian roots, basil, wild thyme, milfoil, officinal rosemary and common sage. The efficiency of this preparations in the treatment of different dermatological affections is assured by the curative remedy of these aromatic plants.