Ocimum basilicum L.: PRESENCE, INFLUENCE AND EVOLUTION IN HUMAN CONCERNS EVER

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Abstract

Ocimum L. genus includes about 160 species and varieties, and one of the most popular is Ocimum basilicum L. Cultivated for over 1000 years, common basil is a valuable aromatic and medicinal plant, widely used both in traditional and in scientific medicine, in the perfume and food industry, in cosmetics, organic farming, landscaping and the plant product has profound religious significance, serving as an object of worship. This paper aims to present in a synthetic manner the most important implications of the species Ocimum basilicum L. in human preoccupations ever, highlighting the potential of its use in various fields. By choosing as a research method based on the observation and study of literature, an overview will highlight its main aspects concerning origin, history and the spreading area, the organ used, chemical composition, biological features, requirements for climate and soil, therapeutic actions and uses. Finally, the authors propose the diversification of usability of the studied species, by opening new approach perspectives for the future studies.

Keywords: Ocimum, Ocimum basilicum L., phytotherapy, organic farming