

**Abstract**

The social and economic realities require effort and flexibility from entrepreneurs and managers. To deal with the new request of the labor and the challenges for starting up a business more and more are those that participate to professional training programs. This paper presents the results of a research that was done in 4 counties of Romania. The objective of the research was to determine the effects of trainings regarding entrepreneurship. The research method was the survey based on questionnaire. The results revealed the fact that the participants appreciated positively the benefits of trainings.

**Key words:** perspectives, involvement, trainees