

STUDY ON THE INFLUENCE OF EXOGENOUS AND ENDOGENOUS PREDISPOSING FACTORS REGARDING EXCESS WEIGHT IN A POPULATION OF DOGS

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Abstract

Obesity or overweight can have as starting points endogenous predisposing factors such as breed, age, sex, reproductive status and exogenous factors such as external influences appearing in food consumption, environment and lifestyle of the pet. The current study focuses on the monitoring of overweight dogs that are brought for a medical consultation in veterinary clinics, they have a body score above what is considered to be "ideal" - 5. The practical methods used in the research to find out the medical and dietary history of the patients were anamnesis and nutritional consultation, methods that also help owners of overweight animals to raise awareness of the problem. On these basis, a nutritional program aimed at combating the excess weight of dogs is created by: correcting the diet, intensifying the physical activity that the animal does and by streamlining communication with the owners of overweight animals.

Key words: *obesity, predisposing factors, dogs, nutritional program*