

LEARNING TECHNIQUES (1st year, 2 nd semester)

Credit value (ECTS) 4

Course category

Optional

Course holder:

PhD, Assoc. Prof. Carmen Olguța BREZULEANU

Discipline objectives (course and practical works)

The course aims to develop and acquire the conceptual framework of human communication and learning problems; skills to communicate effectively in different life situations; acquiring creative communication techniques; development of empathic capacity between students and teachers.

During the practical works we have in view the acquisition of skills for: correct and productive methods of communication and learning; cultivating positive attitudes towards learning.

Contents (syllabus)

Course (chapters/subchapters)
Modern techniques of information: techniques of extracting the essential from specialized books; Technical information through computer; technique of critical reading of a scientific article; book review.
Effective learning and learning styles: self diagnosing learning.
Learning style: classification and identification of learning styles
Elements of an effective learning training: stages, general rules and conditions optimal learning strategy, learning disorders.
Making an essay: steps in developing an essay, choosing the theme, collection of plan essay, writing essay.
Management of time for study: basic principles and techniques of time organization and management for study, time resource utilization, development of schedule for weekly activities.

Practical works
Effective learning techniques: Examples of programs, learning strategies
Exam preparation guide
Technique of documentation
Technique of drawing up essays
Technique of drawing up reports
Form of writing and editing of a project
Technique of drawing up a CV

Bibliography

1. Brezuleanu Carmen Olguța – Comunicare și negociere, Editura ” Ion Ionescu de la Brad” Iași, 2015
2. Cucos .C.- Timp și temporalitate în educație. Elemente pentru un management al timpului școlar, Iași, Editura Polirom, 2002.

3. Lemeni, G.- Strategii de învățare în consiliere educațională, Cluj-Napoca, Editura Ardealul, 2001

Evaluation

Evaluation form	Evaluation Methods	Percentage of the final grade
Exam	Oral examination	60%
Appreciation of the activity during the semester	Oral assessment during the semester; colloquium.	40%

Contact

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